

March 2024

Mindfulness March 2024

- Wellbeing table promoting the Mindful for March Action for Happiness calendar
- Positive imagery and quotations relating to Raheem Sterling promoting Mindfulness
- Relaxing WWF imagery free for students to take
- A selection of resources on Mindfulness and Inclusivity for students to peruse.



World Book Day Thursday 7th March 2024

- World Book Day Competition Winners showcased in the LRC and on the digital notice boards campus wide (the competition of a review fitted with the 2024 theme 'Your World').

